

Policy Title: Contact Isolation Precautions

Department/Unit:

Infection Control Unit.

Policy Number:

UOJ-MSA-IC-P/05

Replaces No.:

Creation Date: 10/11/2022

Effective Date:

Review Date:

Revision History

Subject	Changes made	Done by	Revision date

1. CONDITIONS:

1.1 Internal Medicine , Nursing , Psychiatry And X-ray department

2. PURPOSE:

2.1 The organization uses a coordinated process to reduce the risks of transmission of endemic, epidemic, and hospital acquired pathogens in patients; health care workers and visitors.

3. DEFINITIONS:

3.1 In addition to Standard Precautions, Contact Precaution is intended to reduce the risk or transmission of epidemiologically important microorganisms by direct or indirect contact with the patient and/or patient's environment.

4. Related Documents:

N/A

5. POLICY:

5.1 It is the University of Jeddah Medical Center policy in contact precaution with standard precautions. Patients diagnosed with the same microorganism can be placed in the same room (charted) assuming that no other infection is present.

6. PROCEDURES:

- 6.1 Initiate and maintain Contact Isolation precaution when there is a suspected or confirmed diagnosis of an infectious disease that is transmitted by the contact route for example (HSV-1, Varicella-Zoster Virus, scabies, Chickenpox)
- 6.2 Maintain Standard Precautions with all patient care activities.
- 6.3 Place patient in a single room. Only neutral room air pressure is indicated.
- 6.4 Put contact isolation sign on door (Green).
- 6.5 Notify Infection Control Staff that patient is placed in contact isolation.
- 6.6 When possible assign non-critical patient care equipment (e.g., stethoscope, pressure cuff, etc. to use only in the isolation room.
- 6.7 PPE must be readily available for use.
- 6.8 Strict hand hygiene is the most important means of preventing or reducing contact transmission of

microorganisms.

6.9 Wear gown and glove.

6.10 Restrict internal and external movement of patient (change bed location), (if patient needs to Transporting Patients on Isolation Precautions).

6.11 When transferring patient, the receiving department / facility (e.g. X-ray) must be informed of patient isolation status to permit implementation of proper precautions.

6.12 Patient body fluids must be contained, wound covered etc.

6.13 Equipment (wheelchairs, stretchers) used must be cleaned before use on other Patients.

6.14 Encourage the patient to observe strict hand hygiene with personal hygiene.

6.15 Explain the purpose of precautions to the patient and visitors in order to solicit their cooperation.

6.16 Discontinue Isolation precautions in consultation with infection control.

7. **RESPONSIBILITIES:**

7.1 Accountable to the Infection Prevention Control Practitioner/Committee.

8. **Appendix:**

N/A

9. **REFERRANCES:**

9.1 Ministry of Health Manual for Infection Control

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