

Policy Title: Follow up of patients in emergency room

Department/Unite:
Nursing Unit.

Policy Number:
UOJ-MSA-NR-P/13

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Revision History

Subject	Changes made	Done by	Revision date

1. **CONDITIONS:** 1.1 All Nursing staff of MSA
2. **PURPOSE:** 2.1 For appropriate following up and provision of long term and continuing care to the patients who are receiving emergency medical care in the MSA.
3. **DEFINITIONS:**
- 3.1 Emergency medical care:** The care provided for the patients with acute illnesses or injuries which require immediate medical attention to provide acute interventions to stabilize the patient.
- 3.2 Emergency medical case:** The medical case with sufficient severity such that the absence of immediate medical attention could place the individual's health at risk.
4. **Related Documents:** N/A
5. **POLICY:**
- 5.1 All the patients who receiving emergency medical care in the center must have a follow-up date to reassess their conditions and for continuing care.
- 5.2 The follow-up date is decided by the emergency/family medicine physician according to the patient's condition and needs.
- 5.3 The patient will not have followed up in the emergency room, as the emergency services provide only acute interventions to stabilize the patient, While the long-term care is provided in:
- 5.3.1 The different clinics of the center.
- 5.3.2 The hospital OPD if the patient is referred to the hospital.
- 5.4 The patient will be advised to return back immediately if he does not improved or his condition deteriorated.
6. **PROCEDURES:**
- 6.1 In the emergency room, the emergency/family medicine physician, will assess the patient and will provide the first aid measures and the necessary definitive treatment to stabilize the patient within the MSA capabilities.
- 6.2 After stabilizing the patient, the emergency/family medicine physician will evaluate the response of the patient to the treatment and either:
- 6.2.1 Refer the patient to the hospital for further treatment if the patient not

improved or the treatment not available in the MSA

6.2.2 Discharge the patient home with a plan of care and follow-up date in another clinic in the center if the patient improved.

6.3 If the patient is referred to the hospital, He will be followed up in that hospital, unless if he had referred by that hospital to follow up back in the MSA.

6.4 If the patient is discharged home from the emergency room; He will be discharged with a plan of care including the follow-up date:

6.4.1 The follow-up date is decided by the emergency/family medicine physician according to the patient's condition and needs.

6.4.2 The plan of care and the follow-up date must be documented by the emergency/family medicine physician in the patient's health record.

6.4.3 The plan of care must include instructions to the patient about the conditions in which he will need to seek medical assistance immediately without waiting for the follow-up date.

6.5 After the patient had given a follow-up date, He must book an appointment in the clinic, who will be referred to, from the staff nurse responsible for that clinic.

6.6 the emergency/family medicine physician must educate the patient before discharge about the conditions in which he will need to seek medical assistance immediately.

7. RESPONSIBILITIES

7.1 It is the responsibility of the emergency/family medicine physician who treat the patient to decide the follow-up date for the patient and must documents this date in the patient's health record.

8. Appendix:

8.1 Health records forms.

9. REFERRANCES:

9.1 Ministry of Health Manual for Nursing Unit.

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